

## **Baked Parmesan Onion Dip**

2-3 sweet or vidalia onions, finely chopped

1 cup mayonnaise (do not use salad dressing)

1 8oz package cream cheese, softened

2 cups grated parmesan cheese

1-2 teaspoon minced garlic

black pepper to taste (optional)

1. Set oven to 350 degrees
2. Lightly spray a 2-quart baking dish with cooking spray
3. In a bowl combine the mayo, cream cheese, parmesan cheese and garlic together until well combined and smooth.
4. Add in chopped onions and mix to combine, season with black pepper (if using).
5. Transfer to the baking dish.
6. Bake for about 40-45 minutes or until the top is lightly browned.
7. Serve with bread or crackers